

**CARERS
TRUST**

Sefton Carers
Centre

Parent Carer Coffee Mornings

GRAB A BREW ITS TIME FOR YOU!

The groups provide an opportunity to speak to and hear from other professionals & parent carers

CARERS CENTRE WATERLOO

9TH, 23RD NOVEMBER 2023

7TH DECEMBER

10AM-12OCLOCK

TALBOT STREET FWBC SOUTHPORT

1ST, 8TH, 15TH, 22ND, 29TH*NOVEMBER

6TH, 13TH, 20TH* DECEMBER

10AM-12OCLOCK

PARENT CARER VIRTUAL COFFEE MORNING

2ND, 16TH, 30TH NOVEMBER

14TH DECEMBER

10.30AM-12OCLOCK

WE LOOK FORWARD TO SEEING YOU

Please email parent@carers.sefton.gov.uk for further information or to get the link to join any of the virtual sessions.

***Under 5's can attend supervised by a parent**

