

**CARERS
TRUST**

Sefton Carers
Centre

Parent Carer Coffee Mornings

GRAB A BREW ITS TIME FOR YOU!

The groups provide an opportunity to speak to and hear from other professionals & parent carers

CARERS CENTRE WATERLOO

13TH, 27TH JUNE 2024

11TH JULY

10AM-12OCLOCK

TALBOT STREET FWBC SOUTHPORT

5TH, 12TH, 19TH, 26TH JUNE*

3RD, 10TH, 17TH* JULY

10AM-12OCLOCK

PARENT CARER VIRTUAL COFFEE MORNING

6TH, 20TH JUNE

4TH, 18TH JULY

10.30AM-12OCLOCK

WE LOOK FORWARD TO SEEING YOU

Please email parent@carers.sefton.gov.uk for further information or to get the link to join any of the virtual sessions.

***Under 5's can attend supervised by a parent**




Sefton Council



NHS
Cheshire and Merseyside

 **disability
confident**
COMMITTED



 **The Triangle Trust**
1949 Fund